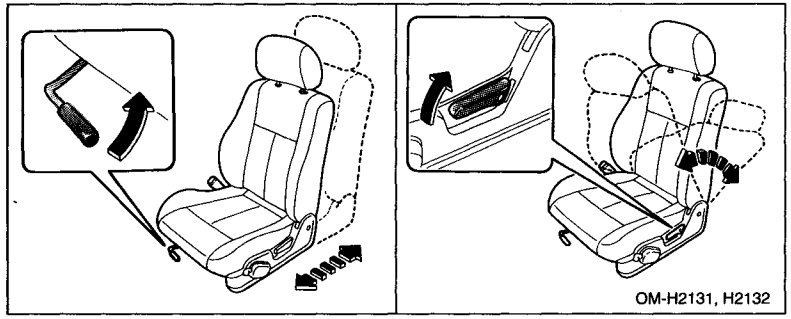
Front seats

⚠ WARNING

- **Never adjust the seat while driving to avoid the possibility of loss of vehicle control and of personal injury.**
- **Never drive the vehicle with the head restraints removed because they are designed to reduce the risk of serious neck injury in the event that the vehicle is struck from the rear.**
- **Before adjusting the seat, make sure the hands and feet of rear seat passengers are clear of the adjusting mechanism.**
- **Seat belts provide maximum restraint when the occupant sits well back and upright in the seat. To eliminate the risk of sliding under the seat belt in a collision, the front seatbacks should be always used in the upright position while the vehicle is running. If the front seatbacks are not used in the upright position in a collision, the risk of sliding under the lap belt and of the lap belt sliding up over the abdomen will increase, and both can result in serious internal injury or death.**

Especially when the occupant of the front passenger's seat is a child, be sure to position the seatback upright. Children are more likely to slide under the lap belt than adults if the seatback is reclined in a collision.

■ Fore and aft adjustment



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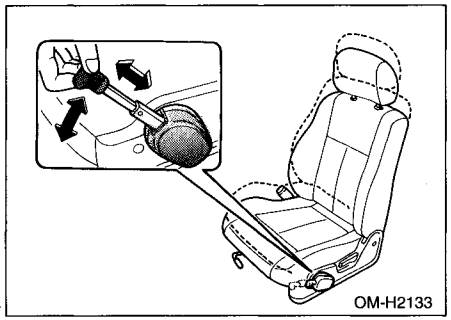
Pull the lever upward and slide the seat to the desired position. Then release the lever and move the seat back and forth to make sure that it is securely locked into place.

■ Reclining the seatback

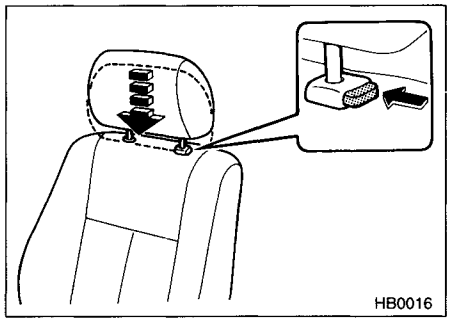
Pull the reclining lever up and adjust the seatback to the desired position. Then release the lever and make sure the seat is securely locked into place.

■ Height adjustment (if equipped)



Pull the adjustment lever out and move it up or push it down to raise or lower the seat.

■ Head restraint adjustment



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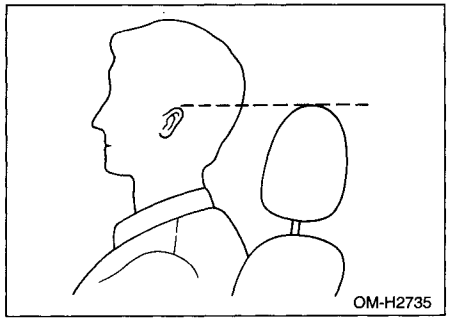
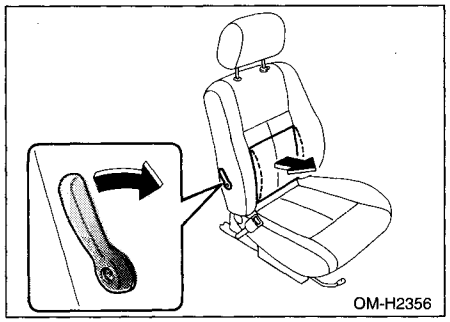
To raise the head restraint, pull it up. Push the head restraint down while depressing the release button on the top of the seatback.



The best position for the head restraint is just above or level with the top of the ears.

■ Lumbar support (if equipped)



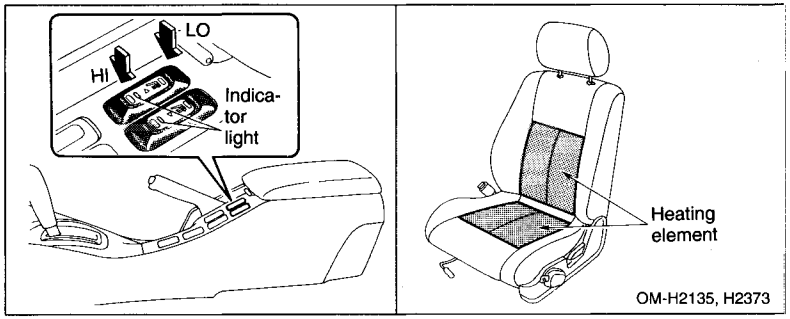
Pull the lever forward or backward.
Pulling the lever forward will increase the amount of support for your lower back.

■ Seat heater (if equipped)

⚠ CAUTION

- **Do not use the seat heater when the engine is not running. The battery could run down if the heater is operated while the engine is not running.**
- **Do not put anything on the seat which insulates against heat, such as a blanket, cushion, or similar items. This may cause the seat heater to overheat.**
- **When cleaning the seat, do not use benzine, paint thinner, or any similar materials.**

The seat heater operates when the ignition switch is either in the "ACC" or "ON" position.



To turn on the seat heater, push the "LO" or "HI" position on the switch, as desired, depending on the temperature.
LO: Normal heating
HI: Rapid heating
The indicator located on the switch comes on when the seat heater in operation. When the vehicle's interior is warmed enough or before you leave the vehicle, be sure to turn the switch off.