

Engine & Cooling

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Automotive Technical
DATA BOOK

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Engine and cooling system300 ZX Turbo (Z31)1984 to 1990

Type		VG30ET
Capacity (cm³) / number of cylinders		2960 / 6
Compression ratio / pressure	bar	7.8 / ≥8.3
Oil pressure	bar	[2.9]
Oil temperature	°C	—
Valve clearance - inlet	mm	0: Hyd.
Valve clearance - exhaust	mm	0: Hyd.
Firing order		1-2-3-4-5-6
No 1 cylinder position		FR
Thermostat opening temperature	°C	82
Radiator cap pressure	bar	0.78 to 0.98

Fuel system300 ZX Turbo (Z31)1984 to 1990

Idle speed - manual [auto]	rpm	900±50
Fast idle speed - manual [auto]	rpm	—
CO @ idle speed [3000 rpm] - see page VI	%	≤1.0
HC @ idle speed [3000 rpm] - see page VI	ppm	≤1200
CO2 @ idle speed [3000 rpm] - see page VI	%	—
O2 @ idle speed [3000 rpm] - see page VI	%	—
Carburettor / fuel injection		Nissan
Type / ref		ECCS (EFi) + Turbo
Main jet / needle		—
Injection pressure	bar	2.1 @ idle
Pump pressure	bar	3.0
Octane rating	RON	97[L]

Ignition system300 ZX Turbo (Z31)1984 to 1990

Type		Computerized
Ignition coil		Hitachi, Hanshin
Primary resistance	ohms	—
Ballast resistor	ohms	—
Voltage - Tmnl 15(+) to earth	V	—
Distributor		Hitachi/Mitsubishi
Points gap (air gap)	mm	[0.30 to 0.50]
Dwell angle	° (%)	—
Condenser capacity	µF	—
Rotation		Anticlockwise
Ignition timing - basic [static	° Crankshaft @ rpm	10±1 BTDC @ 900±50
V = Vacuum NV = No Vacuum		—
Total ignition advance	° Crankshaft @ rpm	—
	° Crankshaft @ rpm	—
	° Crankshaft @ rpm	—
Centrifugal check.	° Crankshaft @ rpm	Computer control
	° Crankshaft @ rpm	—
	° Crankshaft @ rpm	—
Vacuum range check	mbar	Computer control
Maximum vacuum advance	° Crankshaft	—
Spark plugs		NGK/Champion
Type		BCPR6ES-11 / RC7YC
Electrode gap	mm	1.00 to 1.10

Electrical system300 ZX Turbo (Z31)1984 to 1990

Battery	V / CC / RC	12 / 55 or 60Ah
Alternator voltage / full load current / engine rpm		14.4 to 15.0 / _ / 2500
Starter motor current / voltage - cranking	A / V	100 / 11 (no load)
- locked	A / V	—

Running gear300 ZX Turbo (Z31)1984 to 1990

Brakes -		
Front (min. friction material thickness)	mm	2.0
Rear (min. friction material thickness)	mm	2.0

Tyres		
Saloon	Size	205/55x16: 225/50x16
Estate / Van	Size	—
Pressure - front / rear - Saloon	bar	1.9 / 2.3
- Estate / Van	bar	—

Front suspension / wheel alignment		
Toe-in (+) / Toe-out (–)	mm [°]	+1.0 to 3.0
Camber		-35' to +55'
Castor		+5°50' to 7°20'
King pin inclination		+12°15' to 13°45'

Rear suspension / wheel alignment		
Toe-in (+) / Toe-out (–)	mm [°]	-1.5 to +2.5
Camber		-1°55' to -25'

Torque wrench settings300 ZX Turbo (Z31)1984 to 1990

Cylinder head - stage 1	Nm	29
- stage 2	Nm	59, then loosen bolts
Cylinder head - stage 3	Nm	29
- stage 4	Nm	54 to 64¹
Big-end bearings	Nm	45 to 54
Main bearings	Nm	90 to 100
Clutch cover	Nm	34 to 44
Flywheel [driveplate]	Nm	98 to 108
Front hubs	Nm	25 to 34
Rear hubs	Nm	294 to 392
Wheel nuts / bolts	Nm	Steel: 78 to 98²
Spark plugs	Nm	20 to 29

Capacities300 ZX Turbo (Z31)1984 to 1990

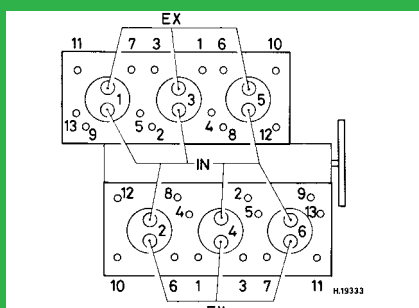
Engine oil & filter	litres	4.1
Gearbox - 4-speed [5-speed]	litres	2.4
Automatic transmission - refill	litres	—
Final drive	litres	2.1
Cooling system	litres	11.0
Fuel tank	litres	77

Notes and Illustrations

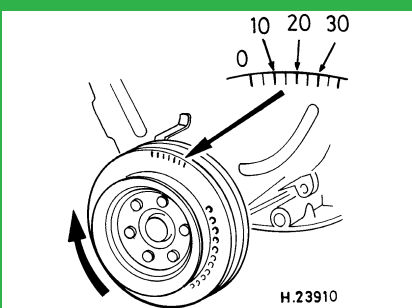
¹OR + 60 to 65°

²Alloy: 98 to 118

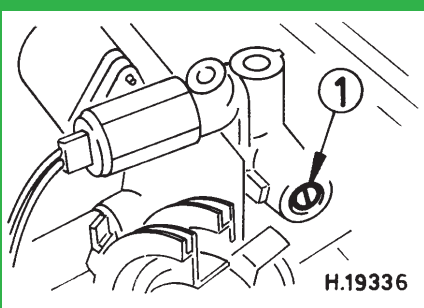
1: Idle speed2: CO / Mixture



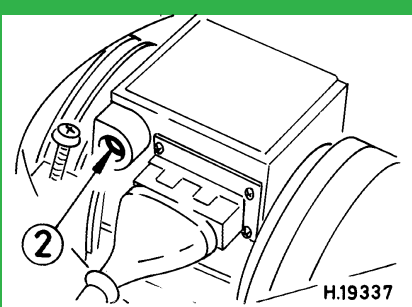
2960 cm³, 12V



2960 cm³



ECCS



ECCS